



## Emergency Supplies

Review the list below to see what supplies you already have and what your family will need during the two weeks following a storm. Then take this list with you when you shop—any item that's marked with an asterisk (\*) is sold at your neighborhood Publix.

### Baby Care

- Baby bottles and pacifiers\*
- Baby diapers and wipes\*
- Baby food and formula\*
- Blanket and toys

### Cleaning Supplies

- Bleach (without lemon or any additives)\*
- Bucket, laundry detergent, mops, sponges and rags\*
- Garbage bags/ties\*
- Paper towels\*
- Sealable bucket
- Squeegees with long handles

### Clothing/Bedding

- Bedding for comfort on the road
- Complete change of clothing per person
- Hat and jackets
- Rain gear
- Sturdy shoes

### Communication

- Air horn
- Batteries for radio/TV\*
- Batteries for weather alert radio\*
- Battery for cell phone or PDA (extra)
- Battery-operated radio/TV
- Car charger
- Cell phone or PDA
- Corded phone with a long phone wire
- Distress flag
- Rabbit ears/TV antenna
- Spray paint
- Weather alert radio\*
- Whistle

### Cooking Supplies

- Aluminum foil, plastic wrap and large freezer bags\*
- Charcoal and lighter fluid\*
- Disposable cups, plates and utensils\*
- Portable grill\*

### Documentation and Keys

- Cash and coin
- Credit cards
- House and car keys (extra)
- Insurance papers
- Personal identification

### Equipment and Tools

- Alarm clock
- Artificial ice blocks\*
- Batteries for alarm clock\*
- Batteries for drill
- Batteries for smoke detectors\*
- Battery-operated drill with bits
- Chainsaw, handsaw, pry bar, ax and shovel
- Compass
- Digital camera
- Duct tape\*
- Entertainment items: cards, games, books and toys for kids\*
- Extension and heavy-duty 3-pronged cords
- Fire extinguisher small canister, ABC-type
- Food storage containers\*
- Gas and gas can
- Generator
- Ice chest/ice\*
- Liquid detergent\*
- Manual can opener\*
- Paper, pen and pencils\*
- Pest control\*
- Portable air conditioner
- Propane tank, full
- Refrigerator thermometer\*
- Rope
- Scissors\*
- Small cooking stove and sterno (outdoor use only)
- Smoke detectors for each floor
- Tarps and 2x4 lumber
- Tools (wrench, hammer, nails and pliers)
- Utility knife\*
- Water purification tablets in plastic bag
- Water storage containers
- Work gloves

## First Aid

- First Aid Essentials kit (for home and auto)\*

If you have most of the supplies listed below, it may be easier for you to put together your own first aid kit.

- Alcohol cleansing pads\*
- Antibacterial ointment\*
- Antiseptic cleansing wipes\*
- Aspirin and non-aspirin pain relievers\*
- Burn relief pack
- Butterfly wound closures
- Cotton-tipped applicator\*
- Elbow and knee plastic bandages\*
- Emergency blanket
- Fabric bandages\*
- Finger splint\*
- Fingertip fabric bandage\*
- First aid tape\*
- Gauze and dressing pads, various sizes\*
- Ibuprofen\*
- Instant cold compress\*
- Itch-relief cream\*
- Knuckle fabric bandage\*
- Latex-free exam quality vinyl gloves\*
- Patch bandages\*
- Plastic bandages\*
- Spot adhesive bandages\*
- Sterile eye pad
- Thermometer\*
- Trauma pad
- Tweezers\*

## Lighting

- Batteries for flashlight\*
- Batteries for lantern\*
- Battery-powered lantern\*
- Candles (if no children or pets in the home)\*
- Flashlight\*
- Lamp and lamp oil
- Utility lighter\*
- Waterproof matches or matches in a waterproof container

## Medications

- Antacid\*
- Anti-diarrhea medication\*
- Inhalers
- Insulin
- Medical Support Equipment (wheelchairs, extra battery if motorized, walkers, canes, dressings, oxygen and tubes, feeding equipment)
- Prescription drugs and copy of prescriptions
- Vitamins\*

## Personal Hygiene

- Alcohol-based hand sanitizer\*
- Antibacterial soap\*
- Batteries for hearing aid (extra)\*
- Body wipes\*
- Contact lens solution\*
- Contact lenses (extra)
- CPR breathing barrier
- Denture supplies\*
- Deodorant\*
- Disinfectant spray\*
- Disposable razor and shaving cream\*
- Disposable washcloths and towels
- Eye drops\*
- Eyeglasses (extra)
- Feminine hygiene products\*
- Hearing aid (extra)
- Incontinence supplies\*
- Insect repellent\*
- Lip balm\*
- Mirror\*
- Moist towelettes\*
- Plastic sheet to line bath tub or large container
- Safety pins\*
- Sewing kit\*
- Sunglasses\*
- Toilet paper\*
- Toothbrush, toothpaste or tooth brushing pads\*

### **Pet Care**

- Blanket
- Bottled water (1 gallon per pet/per day)\*
- Cage or pet carrier with bedding (label for identification)
- Cat litter and box\*
- Grooming supplies\*
- Leash, harness, collar and tag\*
- Medications
- Muzzle
- Pet dishes\*
- Pet food\*
- Trash bags (small)\*
- Toys\*
- Vaccination records

### **Transportation**

- Batteries for flashlight\*
- Engine oil (extra)
- Flares
- Flashlight\*
- Full tank of gas
- Jumper cables, tire pump and jack
- State/regional road maps
- Tire patch kit
- Toolkit (screwdriver, pliers, etc.)



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